

XRHEALTH | WHAT WE DO

TELEHEALTH PSYCHOLOGY



WHAT WE TREAT

- Anxiety
- Depression
- Stress Management
- Phobias
- Work-Related Stress
- Substance Abuse
- Addictions
- Workplace Conflict
- Relationship Difficulties
- Financial Difficulties
- Grief/Loss
- Pain Management
- Vocational Guidance
- Parenting Difficulties

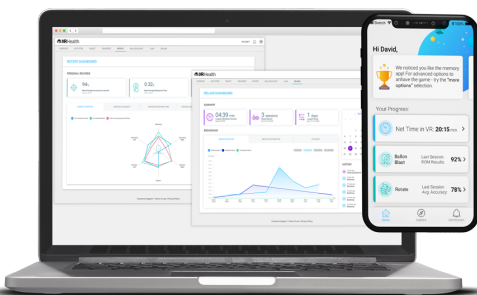
TELEHEALTH PSYCHOLOGY

- Customised care plans tailored to each individual patient
- Patients have the choice between telehealth consultations or virtual reality consultations
- Sessions can be completed from home
- Flexible appointment times
- Virtual reality psychology is fun, engaging and immersive, helping to manage feelings of stress and anxiety

Patients may be able to claim rebates on their sessions through Medicare or private health insurance.

OUR CLINIC

- AHPRA registered and certified clinicians
- Medicare-registered
- HICAPS
- Online Bookings
- Technical Support



OUR SERVICES

- Mental Health and Wellbeing
- One on One VR Telehealth Consultations
- Self Management therapy applications